

Masnoon

DU‘Ā’s

WHEN PARTAKING OF MEALS

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

5.1. AFTER EATING

Rasulullah Sallallahu Alayhi Wasallam has mentioned that the previous (minor) sins of the one who recites this Du‘ā’ will be forgiven :

الْحَمْدُ لِلَّهِ الَّذِي أَطْعَمَنِي هَذَا وَرَزَقَنِيهِ مِنْ غَيْرِ حَوْلٍ مِنِّي وَلَا قُوَّةَ

All praises are due to Allah alone, Who has fed me this food and has granted it to me without any strength or ability of my own.

سنن الترمذي ج 2 ص 184

5.2. AFTER EATING

Rasulullah Sallallahu Alayhi Wasallam has mentioned that the one who will recite this Du‘ā’ will be absolved of reckoning for the food on the day of Qiyaamah.

الْحَمْدُ لِلَّهِ الَّذِي هُوَ أَشْبَعُنَا

وَأَرْوَانَا وَأَنْعَمَ عَلَيْنَا وَأَفْضَلَ

All praises are due to Allah alone, Who has satiated us, quenched our thirst and bestowed upon us His favours and blessings.

البيهقي في شعب الإيمان ج 6 ص 336 ؛ صحيح ابن حبان ج 12 ص 18 ؛ الطبراني في المعجم الأوسط ج 3 ص 130 رقم الحديث 2268 (with slight variations)

5.3. AFTER EATING

اللَّهُمَّ بَارِكْ لَنَا فِيهِ وَأَطْعِمْنَا خَيْرًا مِنْهُ

O, Allah, grant us blessings in this food and feed us something better than it.

سنن الترمذي ج 2 ص 183

5.4. AFTER EATING

الْحَمْدُ لِلَّهِ الَّذِي أَطْعَمَنَا وَسَقَانَا وَجَعَلَنَا مُسْلِمِينَ

All praises are due to Allah alone, Who gave us food and drink and made us Muslims.

سنن الترمذي ج 2 ص 184 ؛ سنن أبو داود ج 2 ص 182 ؛ البخاري التاريخ الكبير ج 1 ص 353

5.5. AFTER EATING

الْحَمْدُ لِلَّهِ الَّذِي أَطْعَمَ وَ سَقَى وَسَوَّعَهُ وَ جَعَلَ لَهُ مَخْرَجًا

All praises are due to Allah alone, Who gave (us) food and drink, made it palatable and digested it and made a passage for the removal (of it's waste out of the body).

سنن أبي داود ج 2 ص 182 ؛ صحيح ابن حبان ج 12 ص 24 رقم الحديث 5220

5.6. AFTER EATING

اللَّهُمَّ أَطْعَمْتَ وَأَسْقَيْتَ وَأَعْنَيْتَ وَأَقْنَيْتَ وَهَدَيْتَ

وَأَحْيَيْتَ فَلَكَ الْحَمْدُ عَلَى مَا أَعْطَيْتَ

O, Allah, You have, fed us, given us water to drink, made us independent, made us content, guided us and granted us life, so all praises are due to You alone for what You have bestowed upon us.

مسند أحمد ج 27 ص 140 رقم الحديث 16595 ؛ فتح الباري ج 9 ص 581 رقم الحديث 5459

Alhamdulillah, various (Masnoon) Du‘ā’s of Rasulallah Sallallahu Alayhi Wasallam have been recorded in the books of Ahādith. Whilst we commonly suffice on selected Du‘ā’s that we have learnt in our youth, there are so many more Du‘ā’s taught to us by our Beloved Rasulallah Sallallahu Alayhi Wasallam that we can introduce into our daily practices. My beloved Ustaad, Shaykh-ul-Hadith Hazrat Moulana Fazlur Rahman Azmi Daamat Barakaatuhum has since a long time been tirelessly promoting the revival of the Sunnah of Rasulallah Sallallahu Alayhi Wasallam in all aspects of our lives, and in this regard, he has gathered numerous (Masnoon) Du‘ā’s established from authentic books of Ahādith so that we could learn and recite these Du‘ā’s effortlessly. I wish to share these beneficial Du‘ā’s that we have learnt from him, *InshaaAllah*.

﴿ نعيم ﴾

4. AFTER EATING WHEN THE TABLECLOTH IS BEING LIFTED

الْحَمْدُ لِلَّهِ حَمْدًا كَثِيرًا طَيِّبًا مُبَارَكًا فِيهِ

غَيْرَ مَكْنِيٍّ، وَلَا مُودِّعٍ وَلَا مُسْتَغْنَى عَنْهُ، رَبَّنَا

All praises are due to Allah alone – such praises which are in abundance and full of blessings. O, our Sustainer! We are not lifting this food regarding it to be sufficient or bidding it farewell (forever) or expressing no need for it.

صحيح البخاري ج 2 ص 820 ؛ سنن الترمذي ج 2 ص 184 (with slight variations)

5.7. AFTER EATING

اللَّهُمَّ أَشْبَعْتَ وَ أَرَوَيْتَ فَهَنُّنَا وَ رَزَقْتَنَا فَأَكْثَرْتَ وَ أَطَيْبْتَ فِرْدَنَا

O, Allah You have satiated us and quenched our thirst so keep us happy. You have provided for us, given in abundance and made it enjoyable, therefore increase (Your favours) upon us.

مصنف ابن أبي شيبة ج 12 ص 407 رقم الحديث 25001

6. WHILE WASHING ONE'S HANDS

الْحَمْدُ لِلَّهِ الَّذِي يُطْعِمُ وَلَا يَطْغَمُ وَمَنْ عَلَيْنَا فَهْدَانَا وَ أَطْعَمَنَا وَ سَقَانَا

وَكُلَّ بِلَاءٍ حَسَنِ أَبْلَانَا ، الْحَمْدُ لِلَّهِ غَيْرِ مُودِّعٍ وَلَا مُكَافٍ وَلَا مَكْفُورٍ وَلَا

مُسْتَغْنَى عَنْهُ ، الْحَمْدُ لِلَّهِ الَّذِي أَطْعَمَ مِنَ الطَّعَامِ وَ سَقَى مِنَ الشَّرَابِ وَ

كَسَا مِنَ الْعُرْيِ وَ هَدَى مِنَ الضَّلَالَةِ وَ بَصَّرَ مِنَ الْعَمَى وَ فَضَّلَ عَلَى كَثِيرٍ

مَنْ خَلَقَهُ تَفْضِيلًا ، الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ

All praises are due to Allah alone, Who feeds but does not eat. He bestowed His favours upon us by guiding us on the right path, giving us food and drink and favouring us with His choicest gifts. All praises are due to Allah alone, Who cannot be said farewell to (and treated with contempt), Who cannot be thanked sufficiently, to Whom ingratitude cannot be displayed and of Whom independence cannot be expressed. All praises are due to Allah alone, Who gave food to eat, water to drink, clothes with which to cover our shame, guidance to safeguard against misguidance, sight to protect against blindness and He has favoured us over so many of His creations. All praises are due to Allah alone, the Sustainer of the Universe.

سنن الكبرى للبيهقي ج 6 ص 82 رقم الحديث 10133 – المستدرک للحاکم ج 1 ص 536 (with slight variations)

1. BEFORE EATING

بِسْمِ اللَّهِ وَ بَرَكَةِ اللَّهِ

In the name of Allah and with the blessings of Allah.

رواه الطبراني في المعجم الأوسط ج 3 ص 130 رقم الحديث 2268 ؛ المستدرک للحاکم ج 4 ص 107

2. WHEN ONE FORGETS TO TAKE THE NAME OF ALLAH AT THE BEGINNING OF EATING

If one forgets to take the name of Allah before eating, then one should recite the following Du‘ā’ when one remembers during the course of the meal :

بِسْمِ اللَّهِ أَوَّلَهُ وَآخِرَهُ

With Allah's name in the beginning and at the end.

سنن أبي داود ج 2 ص 173 ؛ سنن الترمذي ج 2 ص 8 (with slight variations)

3. WHILE EATING

Rasulullah Sallallahu Alayhi Wasallam has declared that Allah Subbaanahu Wa Ta'ala becomes extremely happy with a servant when he eats a morsel of food or has a sip of drink and thereafter praises Allah upon it and says :

الْحَمْدُ لِلَّهِ

All praises are due to Allah.

سنن الترمذي ج 2 ص 3

7. AFTER DRINKING MILK

اللَّهُمَّ بَارِكْ لَنَا فِيهِ وَ زِدْنَا مِنْهُ

O Allah, grant us blessings in this (milk) and increase it for us.

Rasulullah Sallallahu Alayhi Wasallam has mentioned : “Nothing serves the purpose of food and drink except milk.”

سنن الترمذي ج 2 ص 183

8.1 FOR THE HOST

اللَّهُمَّ أَطْعِمْ مَنْ أَطْعَمَنِي وَأَسْقِ مَنْ سَقَانِي

O Allah! Feed those who have fed me and give drink to those who have given me drink.

صحيح مسلم ج 2 ص 184

8.2 FOR THE HOST

اللَّهُمَّ بَارِكْ لَهُمْ فِيمَا رَزَقْتَهُمْ وَاعْفِرْ لَهُمْ وَارْحَمْهُمْ

O Allah! grant them blessings (barakah) in what You have given them, forgive them and have mercy on them.

صحيح مسلم ج 2 ص 180

8.3 FOR THE HOST

أَفْطَرُ عِنْدَكُمْ الصَّائِمُونَ وَ أَكَلُ طَعَامَكُمْ الْأَبْرَارُ وَ صَلَّتْ عَلَيْكُمْ الْمَلَائِكَةُ

May the fasting persons break their fast at your place, may the pious partake of your food and may the Angels supplicate for you.

سنن أبي داود ج 2 ص 182